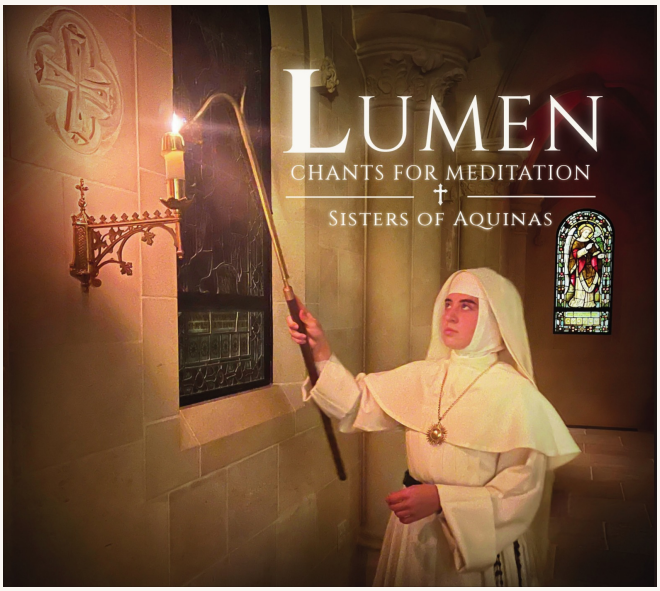
Lumen: Chants for Meditation

Sisters of St. Thomas Aquinas · Short bio

SHORT BIO

103 words

In Brooksville, Florida, the Sisters of St. Thomas Aquinas spent more than a decade building their own Gothic chapel — designing it themselves in CAD software on the proportions of Amiens Cathedral, and installing 1870s stained glass rescued from closed churches in Germany and England. *Lumen: Chants for Meditation*, their debut album, is the first recording ever made inside it. Captured by eleven-time Grammy Award winner Blanton Alspaugh and engineer Anastasia Lukina of SoundMirror, and distributed worldwide by PARMA Recordings in stereo and immersive Dolby Atmos, *Lumen* offers Gregorian chant and sacred polyphony as they have always been sung: unhurried, luminous, and profoundly still.



Releases January 15, 2027 · PARMA Recordings · CD, stereo and Dolby Atmos

Press contact: Sister Mary Magdalene · smmagdalene@qasonline.org · 352-232-1570
Press kit, photos and downloads: sistersofaquinas.org/press

Lumen: Chants for Meditation

Sisters of St. Thomas Aquinas · Long bio

LONG BIO

440 words

In Brooksville, Florida, the Sisters of St. Thomas Aquinas spent more than a decade building their own Gothic chapel — designing it themselves in CAD software on the proportions of Amiens Cathedral, and installing 1870s stained glass rescued from closed churches in Germany and England. *Lumen: Chants for Meditation*, their debut album, is the first recording ever made inside it. Captured by eleven-time Grammy Award winner Blanton Alspaugh and engineer Anastasia Lukina of SoundMirror, and distributed worldwide by PARMA Recordings in stereo and immersive Dolby Atmos, *Lumen* offers Gregorian chant and sacred polyphony as they have always been sung: unhurried, luminous, and profoundly still.

Lumen presents twenty works of Gregorian chant and sacred polyphony, from the Veni Creator Spiritus to Palestrina's Sicut Cervus. It releases January 15, 2027 on CD and on Spotify, Apple Music, Amazon Music, YouTube Music, Tidal, Deezer, and other major platforms worldwide.

The album is offered to anyone seeking what chant uniquely gives: stillness. The melodies are unhurried by design, and listeners often describe how they experience stress relief and calmness for themselves or their children. A YouTube follower who discovered the channel commented on the Veni Creator, "I just left this playing for about 2 hrs. My soul is refreshed." Another YouTube commenter wrote, "I've had a 19hr long migraine & this literally eased the pressure," while a third said simply, "When I turn this on in the car, the kids all quiet down."

For the Sisters, Gregorian chant is central to their formation. From her first months in the community, each Sister studies chant alongside Latin, philosophy, and theology, learning the ancient melodies of the sacred repertoire as an act of prayer. Short videos of their singing have drawn 10 million views since 2024 on Instagram alone, introducing chant to a generation encountering it for the first time.

The community itself began in 2005 with a handful of Sisters in a mobile home on fifteen borrowed acres. Today the congregation operates St. Thomas Aquinas College and Queen of All Saints Academy, with students enrolled across eight countries — and music at the center of every school day: each morning, every student sings chant and polyphony in choir.

Beneath the chapel's altar rest the relics of Saint Thomas Aquinas, Saint Agnes, and Saint Cecilia — the patron saint of music. *Lumen* takes its title from the Latin word for light, as the tradition of chant is a flame of truth, passed hand to hand across generations. The word comes from the Canticle of Simeon, heard on the album: *Lumen ad revelationem gentium*, "a light to the revelation of the Gentiles," sung each year at Candlemas on February 2.

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